

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Monique van  
Heerden**

Has successfully participated & completed the  
**10km Cowhouse Summer Trail Run 2017**  
held at Cowhouse Market.

**TIME 01:19:28**

**PACE 07:55/km**  
**OVERALL 75 of 104**

**GENDER 29 of 49**  
**OPEN 21 of 34**

28 January 2017, Sat

Date



*BoutTime*

Signature

